

NATIONAL SERVICE SCHEME @ PATNA COLLEGE



Rationale

There is an inexhaustible source of energy in the youth. The enthusiasm seen in the youth is nothing but a source of infinite energy. If this energy is used properly, if it is given the right direction, then it brings positive growth and development in the society, otherwise it turns the society towards destruction. Every nation builder of the world has rebuilt his country by using this youth power and any country that has misled this youth power has become a headache for the global community. The great psychologist Elizabeth Hurlock has stated in her book Adolescence that youth is a period full of Storm, Strike, Stress & Strain. This statement instructs the right use of youth power.

History

In order to incorporate the youth power in nation-building and upliftment of the society, in 1969, the birth centenary year of Mahatma Gandhi, the Government of India decided that the National Service Scheme (NSS) should be started in various educational institutions at the central & state level. NSS is an extension dimension to the higher education system to orient the student youth to community service while they are studying in educational institutions. It is being implemented by the Ministry of Youth Affairs and Sports, Government of India.

Aims and objectives of NSS

- To understand the community in which they work;
- To understand themselves in relation to their community;
- To identify the needs and problems of the community and involve them in problem solving process.
- To develop among themselves a sense of social and civic responsibility;
- To utilise their knowledge in finding practical solution to individual and community problems;
- To develop competence required for group-living and sharing of responsibilities;
- To gain skills in mobilising community participation;
- To acquire leadership qualities and democratic attitude;
- To develop capacity to meet emergencies and natural disasters; and
- To practice national integration and social harmony

Motto of NSS

- The motto or watchword of the National Service Scheme is "NOT ME BUT YOU".

NSS Symbol



The NSS symbol is based on the "Rath" wheel of the Konark Sun Temple situated in Odisha.

- The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.
- The Red colour in the badge indicates that the NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit.
- The giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space.

Enrolment in NSS

NSS is a voluntary scheme. NSS scheme starts from 11th Standard onwards. At college level the NSS volunteers will be enrolled from the first and second year degree-class students. The students from foreign countries studying in Indian universities can also join NSS so that they may share the experiences of national reconstruction and community work. NCC cadets will not be allowed to join NSS. Similarly NSS volunteers will not participate in NCC or any other youth organisation as long as they are in NSS.

An NSS volunteer needs to devote a total of 240 hours social service in two years duration. Every year, a NSS volunteer has to devote 20 hrs. of orientation and 100 hrs. of community service.

The unit at college/+2 level is the grass-root unit in NSS. An institution will be allotted NSS units according to the strength of students. The number of units will be allotted by the Programme Coordinator in consultation with NSS Regional Directorate and State NSS Officer considering the demands of the institution. The strength of a unit will be 100 NSS volunteers normally. A Programme Officer is in charge of a NSS unit. Only those belonging to the teaching faculty is considered for appointment as Programme Officer. Programme Officer is responsible for the organisation of NSS unit, implementation of NSS programme under the supervision and direction of Principal of the college or head of the institution.

Major programmes undertaken by NSS, Patna College

- National Integration Camp
- Shramdaan
- Blood donation Camp
- Immunisation
- Plantation
- Disaster Management
- Adventure programs
- National Adventure Camp
- Capacity Building Competition- Essay & Slogan Writing, Quiz, Poster Making, Rangoli, Drama etc
- Celebration of NSS Foundation day, Youth Day, Yoga Day, World Aids Day, Environment Day, Independence Day & Republic Day

Organograph of NSS in Patna College

			
Dr. Suheli Mehta Professor of Home Science NSS Programme Coordinator Patna University, Patna ☎ 82106 15551	Dr. Sanjay Kumar Sinha Professor of English Principal Patna College, Patna ☎ 94314 93845	Dr. Snehalata Kusum Assistant Professor & Head Department of Philosophy Programme Officer-I Patna College, Patna ☎ 75429 89996	Dr. Avinash Kumar Assistant Professor & Head Department of History Programme Officer-II Patna College, Patna ☎ 6202393206

Like all other committees, the NSS committee of Patna College is very energetic and active. It organizes all the programs specified by the NSS manual and the program coordinator of the university. Many NSS volunteers have got the opportunity to participate in many state level and national level programs. An NSS volunteer Vikas Kumar (2019-22) has received state level honours along with all his team colleagues in a dramatic presentation on the occasion of Bihar State Day. One of its volunteers, Dheeraj Kumar (2021-24), has performed brilliantly in the National Adventure Camp held at Pong Dam, Kangra, Himachal Pradesh in 2023. The volunteers here have also played their role enthusiastically in the pre-Republic Day parade and the state level Independence Day to be held at Gandhi Maidan. In the blood donation camp, the volunteers here donated 25 units of blood. Apart from the blood donation camp, the volunteers here keep donating blood to the needy people many times when needed. Under the plantation program, the volunteers have played their part in the preparation of medicinal gardens.













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राष्ट्रीय सेवा योजना, क्षेत्रीय निदेशालय, पटना
युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकार
10-दिवसीय राष्ट्रीय साहसिक शिविर (27-11-2023 से 06-12-2023)
(अटल बिहारी वाजपेयी इन्स्टीच्यूट ऑफ माउंटेनियरिंग एंड अलायड स्पोर्ट्स, पोंगडैम, हिमाचल प्रदेश-175131)

प्रत्यक्षा (वीकेएसयू)	पूजा सिंह (पीपीयू)	आलोक राज (वीकेएसयू)	धीरज कुमार (पीयू)
संध्या कुमारी (जेपीयू)	नेहा भारती (सीयूएसबी)	सुंदरम कुमार (वीकेएसयू)	प्रद्युम कुमार (पीपीयू)
नेहा कुमारी (एलएनएमयू)	दिव्या (एकेयू)	शिव कुमार (एलएनएमयू)	अभिषेक तिवारी (सीयूएसबी)
अपर्णा प्रियम्वदा (केएसडीएसयू)	रत्ना सिंह (बीआरएबीयू)	शिवम कुमार मिश्रा (केएसडीएसयू)	कृष्ण प्रकाश (एकेयू)
नंदनी कुमारी (पीयू)	अंजलि कुमारी (बीआरएबीयू)	रौशन राज (बीएनएमयू)	अनीश पटेल (बीआरएबीयू)



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अध्यक्ष-इतिहास विभाग, पटना कॉलेज

बिहार



डॉ. प्रभा नंदा
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सहायक प्राध्यापक-हिन्दी, केएसडीएसयू









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आज़ादी का अमृत महोत्सव




राष्ट्रीय सेवा योजना पटना कॉलेज

पटना विश्वविद्यालय, पटना

अन्तराष्ट्रीय योग दिवस

21 जून 2023 (बुधवार)

समय - प्रातः 6:30 बजे

स्थान - प्राचार्य के सामने वाला पार्क (विल्सन पार्क)

 प्रथमा ब्लड सेंटर पटना
रक्तदान के महत्वपूर्ण फायदे

- ❖ नियमित रक्तदान करने वाले व्यक्ति को हार्ट अटैक आने की संभावना घट जाती है।
- ❖ रक्तदान करने से कई रक्त कोषिकाएं बनती हैं जिसके कारण योग्य तेरे एक्टिव रहता है।
- ❖ नियमित रक्तदान कैंसर के खतरे को भी कम करता है।
- ❖ नियमित रक्तदान करने से आयरन और व्होइट (होमोसिस्टीन) से भी बचा जा सकता है।
- ❖ रक्तदान करने से मानसिक संतुष्टि मिलता है।
- ❖ नियमित रक्तदान करने से कोलेस्ट्रॉल लेवल नियंत्रित रहता है।
- ❖ आपका ड्राइ किया गया एक बार का रक्तदान तीन बार जीवन बचा सकता है।
- ❖ दान करने के दौरान आपको साम्राज्य स्वास्थ्य सेवा विभाग के अंतर्गत स्पेक्ट्रल सी टी, हेमोग्लूबिन सी, अंशों एकग्रहीनी 1-2, लीड थूप, स्ट्रोक प्रेशर, प्रत्यक्ष और वजन इत्यादि उपकरणों के आधार पर रक्त की शुद्धि सुनिश्चित किया जाता है।

रक्तदान महादान

















